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Invest in Holistic Well-Being Programs:

Start Date: 8/21/2019 7:30 AM

End Date: 8/21/2019 10:00 AM

Invest in Holistic Well-Being Programs: Why Employees with Total Well-Being Contribute More Towards Business Success Deb Ruggiero - MVP Healthcare Wednesday, August 21, 2019 Location: Landsman Development Corp 3 Townline Circle Rochester, NY 14623 7:30AM - 8:00AM: Registration & Networking 8:00AM - 10:00AM: Program Sponsored by Paul Winkler, Focused 401K Partners & Patrick Coleman, OneDigital Health & Benefits “This program has been pre-approved for 1.5 Professional Development Credits (PDCs) by the Society for Human Resource Management and 1.5 HR (General) credits by the HR Certification Institute.” From wellness to well-being: Build a multi-dimensional well-being program to engage a larger employee population. Discuss holistic health that includes considering the social determinants of health. Avoid the one-size-fits-all approach: Focus on a tailored approach to help reduce costs and build a healthy workforce By the end of this session, participants will: Define dimensions of Well-Being other than Physical as well as gain insight related to the impact of Social Determinants on overall Health. Understand the business value of offering a multi-dimensional Well-Being program. Understand practical steps for expanding programming to include many dimensions of Well-Being About our Speaker: Deborah is currently the Clinical Lead for Integrated Health at MVP Health Care. In her former role, she was the leader of health and well-being strategy. She and her team consult with employer groups to manage the development, execution and evaluation of sustainable workplace wellness programs. Prior to working in healthcare, Deborah spent a decade working in human resources in both for profit and non-profit settings. Deborah holds undergraduate degrees in Economics and Nursing and received a Master of Science in Health Promotion Management from Nebraska Methodist College. She is a Registered Professional Nurse and a Master Certified Health Education Specialist. Deborah is passionate about collaborating with employers and community organizations to create healthy environments and well-being opportunities. She volunteers for the New York State Mentoring Program which supports at-risk youth to prevent school dropout. PRICING: SHRM

Location(s)

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